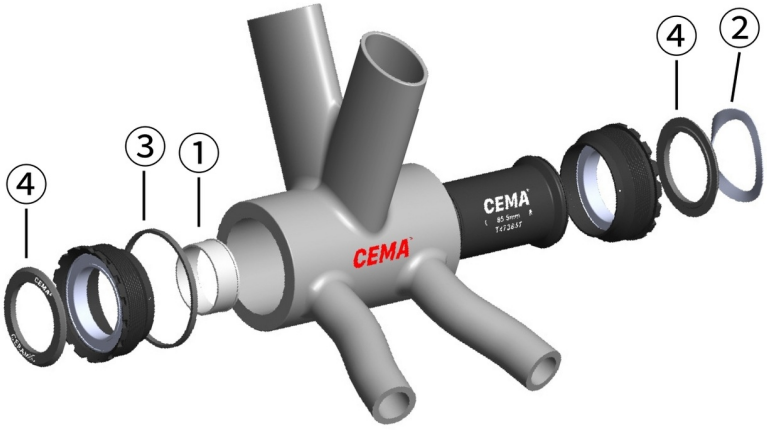
INSTALLATION GUIDE

T47 Inboard for PRAXIS M30 – T47386TMB

Read installation guide carefully before installing your Threaded Bottom Bracket.

1. IMPORTANT: Apply CEMA anti seize paste on the threads of the frame and the bottom bracket.
2. Align the threads of the bottom bracket and the frame and tighten by hand as far as possible. WARNING: FORCED LOCKING OF UNALIGNED THREADS WILL DAMAGE THREADS!
3. Use a matching tool and a torque wrench and to tighten to a 40-50 Nm torque. Check tightening torque every 6 months.
4. Install the protective tube and repeat steps 1-3 to install the bracket on the opposite side of the frame.





① M30 Adapter
② Wave Washer
③ 2.5 mm Spacer
④ 2.7 mm End Cover

COMPATIBLE

Frame shell ID / Width (mm)			Assembling
T47	**85.5**	Road	Use ① ③ ④ 1pc (N-DS) & ② ④ 1pc (DS)

RECOMMENDED TOOLS

CEMA Bottom Bracket tool 30 mm **SRC-TT-B006D-18**
CEMA Bottom Bracket wrench **SRC-TT-B020**

SPARE PARTS

Spare Part bearing set for CEMA 30mm BB
SRC-BB-S010C-B Black, Ceramic
SRC-BB-S010S-B Black, Stainless Steel
SRC-BB-S010SG3-B Black, SG3 - Ceramic - COATED

MAINTENANCE

Maintain bearings by cleaning and adding lubricant:

- Every time after riding in poor road conditions or rain.
- Every 3-6 months as a routine maintenance.

Proper maintenance will increase rolling properties, avoid bearing damage and increase lifetime.

Tip! Apply CEMA water repellent paste between bearing and dustcover.