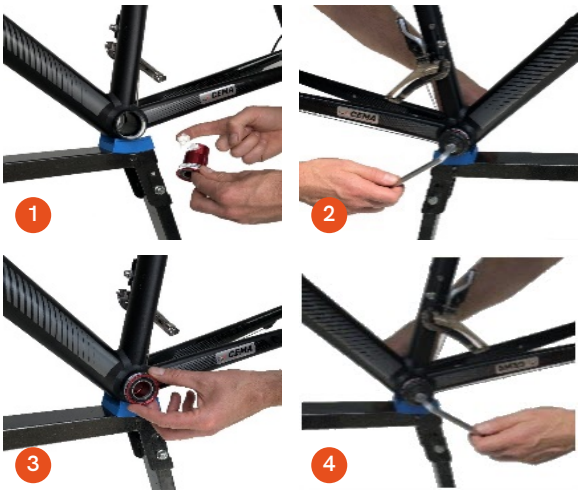
# INSTALLATION GUIDE

## BB30 for BB30/PF30 – BC30/BS30/BS30S

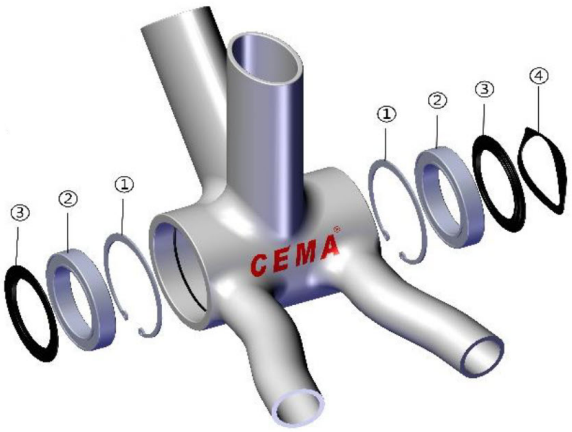
**!** **Read installation guide carefully before installing your Bottom Bracket.**




1 IMPORTANT: Apply CEMA anti seize paste on the frame.

2 Push in the drive side of the bottom bracket by hand as far as possible and press in completely using the CEMA 006 bottom bracket tool.

3 4 Push in the non-drive side of the bottom bracket and press in completely using the CEMA 006 bottom bracket tool.




1. Snap Ring
2. Bearing
3. End Cover
4. Wave Washer

## COMPATIBLE

| Frame | Frame width (mm) | Frame inner diameter (mm) | Crank | Assembling |
|---|---|---|---|---|
| BB30 | 68 | 42 | Road | Use ①②③ 1pc (N-DS) & ①②③④ 1pc (DS) |
| | 73 | | MTB | Use ①②③ 1pc (N-DS) & ①②③④ 1pc (DS) |

## RECOMMENDED TOOLS

| | |
|---|---|
| SRC-TT-B006D | CEMA Bottom Bracket Replacement tool |
| SRC-GS-AP-50ML | CEMA Assembly paste - 50 ml |
| SRC-GS-SP-50ML | CEMA Water-repellent protection paste - 50 ml |
| SRC-GS-NB52 | Bearing grease - ceramic, 2 / 5 / 10 / 20 ml |

## MAINTENANCE

Maintain bearings by cleaning and adding lubricant:

- Every time after riding in poor road conditions or rain.
- Every 3-6 months as a routine maintenance.

**Proper maintenance will increase rolling properties, avoid bearing damage and increase lifetime.**

**Tip!** Apply CEMA water repellent paste between bearing and end cover.